

Time spent in self-reflection is never wasted - it is an intimate date with yourself.
Paul TP Wong

Inside this issue:

Music 2

Literature 3-4

Art 5-17

Photography 18-25

Other side of Medics 26-29

Hobby 30-31

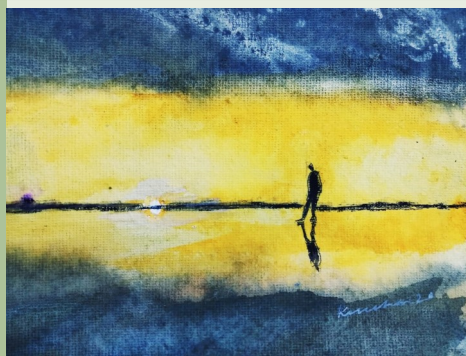
Calcutta Canvas 32-36

Misc. 37



In the mirror we find a reflection of our appearance,
but in the heart, we find a reflection of our soul.

- Brene Brown



Reflections

Volume I, Issue 4

July 2020

Radiologist's Musings - Viral Parekh

Hil, Namaste,

This is Dr. Viral Parekh, a Radiologist from Kolkata, India.

Today is 1st. July and birth anniversary of Dr. Bidhan Chandra Roy, MD, DSc. FRCS, MRCP who besides being a renowned physician was also CM of West Bengal from 1948 to 1962 and his birthday is celebrated in India as Doctor's day. Wish you all a very happy Doctor's day.

Here is fourth issue of Reflections. This is the most satisfying publication till now because it contains art and work of my friends from all the zones of India. East, Northeast, West, North and South.

When you are busy working and seeing patients, you have hardly time to ponder or reflect. You are overwhelmed by the work and hardly notice minutely what is going around. But when you have some time to ponder, you notice very minute things and try to find out the reasons for this. That is why a wise person had said that as you go through life, take time to smell flowers. But we were all busy selling flowers.

As Martin Luther King Jr. had once said that "During tough times your response can be awesome". During this pandemic, we saw that everyone is going through tough times and magnitude of everyone's problems is variable. But response to this difficult time can either be awesome or you succumb without giving a fight. We saw that a teenage girl cycled 1200 kms for 7 days from Delhi to her village in Bihar with injured father on a bike. This is so awesome, inspiring, and heart-warming. A migrant, daily wage

earner's daughter showed grit and determination that we can all emulate. She lived up to the words of Martin Luther King and if he would have been around, he would have also been proud of her. She was not the only one, thousands of others showed similar spirit to fight back. As someone had said that "Tough times don't last, tough people do,"

We saw many inspiring and heart-warming stories during this pandemic and subsequent lock down. A person arranging buses for thousands of migrant workers stuck in Mumbai and helping them to reach their native places is so touching.

At the same time, we saw examples of greed and selfishness during this pandemic. People overcharging for masks and sanitisers is so disgusting. Masks and sanitisers are necessity, they are not luxury and to fleece someone during this crisis is so mean.

When I was preparing for US Medical Licensing Exams {USMLE}, I had to study behavioural science, which was not part of MBBS curriculum in our Medical Colleges. I had read how a human being responds to a specific situation, which is called Defense mechanism, which varies from person to person. We have practically seen varying responses while dealing with patients and their relatives and this pandemic enriched our experience further. It takes a film star's suicide to shock the society and to make it aware of mental health issues. Lot of people in Indian society do have mental health issues but are not willing to consult a psychiatrist because of stigma attached to it. A person who

consults a psychiatrist is labelled as mad and that stigma is preventing many to seek help. That person needs love, care, and affection not the barbs from the society.

I too was shocked when my colleague, who was 15 years junior to me; committed suicide. A person who shares Radiology reporting table with you for 2 years and disappears suddenly is quite shocking and traumatic. Every person who commits suicide gives a warning sign and that person's family should treat that as an emergency like we treat a patient when he suffers from acute anginal chest pain. The more we educate society about mental health issues, the more we will be able to prevent tragic loss of lives of persons suffering.

We all thrive on hope and we all plan our life hoping that we will be alive after a certain period. It is this hope which keeps us going and we must never lose hope and our response to difficult time should be awesome not awful. There should not be an escapist attitude and we should face tough time with courage and grit. I would like to conclude with another quote by great Martin Luther King - "We must accept finite disappointment, but never lose infinite hope."

This issue would not have been possible without the help of Dr. Malay Nandy, Satyam, Bijon, Sushanta, Anupda, Kanchan, Debjani, Sanjeev, Nivedita, Jayati, Bejoy, Madhuri, Anshika, and Shekhar. I am obliged and sincerely thank all of them.

“Music, once admitted to the soul, becomes a sort of spirit and never dies.” – Edward Bulwer-Lytton

“Music — what a powerful instrument, what a mighty weapon!” – Maria August von Trapp

Music

A painter paints pictures on canvas. But musicians paint their pictures on silence. ” – Leopold Stokowski

“I haven’t understood a bar of music in my life, but I have felt it.” – Igor Stravinsky

“You have to, take a deep breath. and allow the music to flow through you. Revel in it, allow yourself to awe. When you play allow the music to break your heart with its beauty.” – Kelly White

Harmonium was first invented by Alexandre Debain in 1840 in France, who patented his Harmonium in Paris on August 9, 1840. The earliest instrument of the harmonium group was the physharmonica, invented in 1818 by Anton Haeckl in Vienna. His invention was inspired by the Chinese mouth organ, or sheng, which, taken to Russia in the 1770s, had introduced the free reed to Europe and aroused the interest of certain physicists and musicians. Now extinct, other types (such as John Green’s seraphine) appeared before Alexandre Debain produced his harmonium in Paris in 1840. The main improvements after 1850 were made by Victor Mustel in Paris and Jacob Estey in the United States.

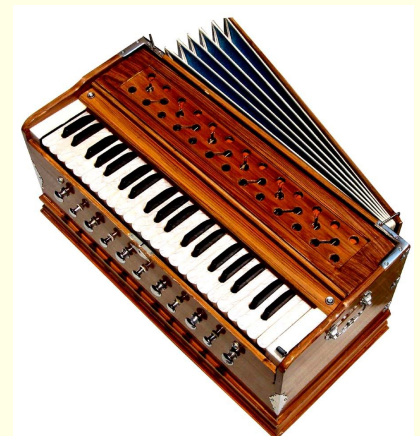
It is a reed organ with hand pumped bellows. Although this is a European invention, it has evolved into a truly bi-cultural instrument. The keyboard is European, but it has a number of drone reeds which are particularly Indian. European models came in both hand pumped and foot pumped models. The foot pumped models disappeared in India many years ago. The harmonium was conceived in the West, but today largely resides in the East, particularly in the Indian subcontinent; so much so that many mistakenly think it to be an Indian instrument. Today, it is used in virtually every musical genre except the south Indian classical, which is also known as Carnatic Sangeet. Violin is the main instrument in Carnatic Sangeet.

The harmonium is a keyboard instrument on which twelve semitones of the tempered scale are fixed once and for all in all the three octaves: mandra, madhya and tara. On keyboard instruments only straight notes can be played, grace notes and quartertones not being possible. There is no possibility of a slur, meend, or gamaka being played on the harmonium, which are the main essence of Hindustani music, and are essential to keep up the spirit of Hindustani ragadari system. However, it is possible to maintain the continuity of the music to some extent by a skilful handling of the bellows and finger pressure on the keys, but it cannot compete with the continuity of the human voice or the sarangi’s sound.

Although roughly the Indian scale of music of twelve semitones is nearly the same as that in Western music, there are certain vital and perceptible differences between the two. The Indian concept of swara does not relate it to a specific pitch point, but to a pitch-range with variegated possibilities of shades and nuances. No keyboard instrument can respond to this concept of swara.

Harmonium is composed of following parts:

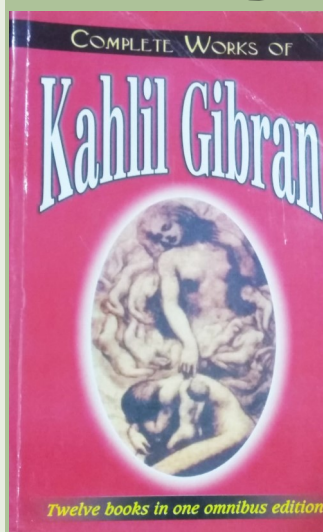
- Body
- Bellows
- Keys
- Cover
- Stops (main)
- Stops (drone)
- Handles
- Reeds
- Coupler
- Scale Changer
- Reed Board



It takes a minute to have a crush on someone, an hour to like someone, and a day to love someone... but it takes a lifetime to forget someone.

Khalil Gibran

Literature



CONTENTS

Book One	: The Prophet.....	7
Book Two	: The Wanderer.....	89
Book Three	: Sand and Foam.....	163
Book Four	: The Madman.....	227
Book Five	: The Forerunner.....	279
Book Six	: The Earth Gods.....	325
Book Seven	: Nymphs of the Valley.....	363
Book Eight	: Tears and Laughter.....	413
Book Nine	: Between Night & Morn.....	503
Book Ten	: Secrets of the Heart.....	571
Book Eleven	: Spirits Rebellious.....	639
Book Twelve	: The Broken Wings.....	717

THE SECRETS OF THE HEART SELECTED WORKS

by
Kahlil Gibran

TRANSLATED FROM THE ARABIC
BY ANTHONY RIZCALLAH FERRIS
and
EDITED BY MARTIN L. WOLF



JAICO PUBLISHING HOUSE
New York Bombay

In this issue, we introduce a new section called Know your poet or writer. Me and my two brothers were voracious readers and used to read everything from Comics to Fictions to Poems and Autobiographies in English, Gujarati, Hindi and Bengali. There were a few shops around Globe Cinema in Kolkata, which used to sell books and run libraries also. I used to go there every other day to exchange books. When we need to buy books we also used to go to Free School street or College street.

There were many authors whom I used to like, but the one who intrigued me most in my adolescent years was Khalil Gibran, who is also known as Kahlil Gibran in western world.

I searched my library and found that I still have two books of Khalil Gibran in my treasure, photos of which are inserted in side column.

Gibran was a Lebanese-American writer, poet and visual artist, also considered a philosopher. He used to write in Arabic and English. He is best known as the author of The Prophet, which was first published in the United States in 1923 and has since become one of the best-selling books of all time, having been translated into more than 100 languages. He was born in a village in Lebanon. The young Gibran immigrated with his mother and siblings to the United States in 1895. He was enrolled in a school in Boston, where his creative abilities were quickly noticed by a teacher. Gibran was sent back to his native land by his family at the age of fifteen to enrol in Beirut. He returned to Boston in 1902. Gibran held his first art exhibition of his drawings in January 1904 in Boston at Day's studio. In 1905, Gibran's first published written work was A Profile of the Art of Music, in Arabic. In July 1908, Gibran went to study art in Paris at the Académie Julian. He sailed back to USA in 1910. He worked in USA till his death at the age of 48 in 1931. According to his wish, he was buried in Lebanon.

The Prophet remains his most read work. The Prophet is one of the most translated books in history. By 2012, it had sold more than nine million copies in its American edition alone since its original publication in 1923.

Here are some of his pearls which Gibran had gifted to this world and which are relevant today and will remain so in times to come.

- Love knows not its own depth until the hour of separation.
- If you love somebody, let them go, for if they return, they were always yours. And if they don't, they never were.
- One day you will ask me which is more important? My life or yours? I will say mine and you will walk away not knowing that you are my life.
- Tenderness and kindness are not signs of weakness and despair, but manifestations of strength and resolution.
- We are all like the bright moon, we still have our darker side.
- Generosity is giving more than you can, and pride is taking less than you need.
- Music is the language of the spirit. It opens the secret of life bringing peace, abolishing strife.
- They deem me mad because I will not sell my days for gold; and I deem them mad because they think my days have a price.
- You may forget with whom you laughed, but you will never forget with whom you wept.
- I love you when you bow in your mosque, kneel in your temple, pray in your church. For you and I are sons of one religion, and it is the spirit.
- We choose our joys and sorrows long before we experience them.



Dr. Nivedita Chakrabarty
M.B.B.S., DNB (Radiology),
Fellowship in Musculoskeletal
Radiology.
Consultant Radiologist at Tata
Memorial Hospital, Mumbai and
TMC-ACTREC, Navi Mumbai.

Dr. Nivedita Chakrabarty is a fellow Radiologist. She is now a Consultant at Tata Memorial Hospital, Mumbai. She is an ex-student of Government Medical College, Nagpur. She is a multilinguist and can speak and write English, Hindi, Marathi and Bengali. Here is one of her poems.

Unrestrained but chained

Your ageing beauty
Your glorious victory
Your formidable position
Your exemplary contribution
I fought for thee
To free you from slavery

From the marshlands to aridity
From the snow-capped to water body
The opulence of diversity
The mesmerizing variety
I fought for thee
To free you from slavery

The bountiful culture
The languages of the commoner
The festivals so myriad
Telling tales of a period
I fought for thee
To free you from slavery

I fought my dear Motherland
Till the last drop of my sweat and blood
To see you in abundance
With unity and happiness
But in vain went my sacrifice
Coz I could free the land but not the inhabitants

Still enslaved are my countrymen
With negative thoughts and sentiments
With hatred, violence and vengeance
Defying the rules of the civil land.

Where intolerance is so rampant
And hate crimes are the new statement
Where power and corruption
Speak the language of the affluent

Where religion is above humanity
And social custom is more important than morality.
Where 'Rights' are so overemphasized
Without the inclusion of 'Duty'.

Where the 'Merit' is suppressed
To give way to vote bank politics.
Where the film personalities are applauded
But the 'True heroes' are not even rewarded.

O' Motherland,
The wrinkles on your beauty
Tell tales of profound misery
I wonder was it for this day
That I gave my precious life away.

My countrymen, just ponder
Our Motherland is in danger
The very essence of freedom
Has long back forsaken.

Let go the egos
Bring back the glory
Show it to the world
That there is unity and progressive mentality.

This is my humble appeal
To all my countrymen out there
Only then will I find solace
Seeing you emancipate from the chains.



Dr. Sanjeev Handique, MBBS, MD
Director Radiology & Imaging
GNRC Sixmile Hospital,
Guwahati, Assam

Dr. Sanjeev Handique is a friend and fellow Radiologist from Guwahati. He is an ex-student of Assam Medical College. He excels in painting and makes paper scale models of cars also. He is a self taught painter. Here are some of his wonders. I am sure you will love it.



My grandfather's house"
at Jail Road, Jorhat, As-
sam . Pen and watercol-
our on Fabriano 300
g s m p a p e r .

**Many childhood Memo-
ries are attached to this
house- of happy summer
holidays, playing with a
host of cousins and the
ubiquitous Bihu visits.**

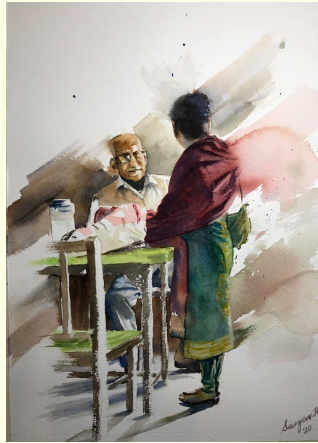
**The house still exists
and so does the large
bamboo tree in the
background (probably
more than 60 years old
now.) the Gulmohar on
the right has since died.
The Hindustan 14 was in
the family till 1986**



**House in Hajo.
Pen and wash
done with India
Ink and water-
colour. Quarter
Fabriano 300gsm.
From a Photo by
Arijit
Choudhury**



Dr. Sanjeev Handique,
MBBS, MD
Director Radiology & Imaging
GNRC Sixmile Hospital
Guwahati, Assam



The Farewell. Patients and their attendants form warm bonds in the hospital environment. I found this young lady bidding farewell to an older patient friend in a hospital canteen. They finally parted ways after an exchange of gifts.

Quarter sized watercolour on Fabriano 300gsm paper.



This is my first attempt at the line and wash technique. I used the reverse side of a old messed up watercolour painting on Fabriano 300 gsm CP paper. The subject is my house



Lockdown activity. (both art and gardening) Quarter sized watercolour on Fabriano 300gsm paper.

Model- self



Dr. Jayati Sengupta
MBBS, MD.
Consultant Paediatrician

Dr. Jayati Sengupta , MBBS,MD (PAED), is an alumni of Medical College, Kolkata. She is a Pediatrician with special interest in Pediatric nephrology. She is associated with AMRI hospitals and Institute of child health Kolkata as a consultant. Though art was always a passion, she could not follow it up due to various reasons. She has started painting seriously for the past 2 years and have participated in several exhibitions. She uses the small income generated from the sale of her paintings to donate to charities close to her heart. I am sure you will love her art.



The waiting.

Water colour
300 gsm Canson
paper



**The fury -
Amphan
revisited.**

Water colour



Dr. Jayati Sengupta
MBBS, MD.
Consultant Paediatrician



← Pink is an attitude.
Water colour
on 300 gsm
Fluid 100 pa-
per.

Black eyed
Susan
Water colour



Inspired by
Impression-
ism. Acrylic
on canvas.



Mahavidya-
Acrylic on
canvas



Mother
care-
Acrylic on
canvas



The Royal-
Acrylic on
canvas.





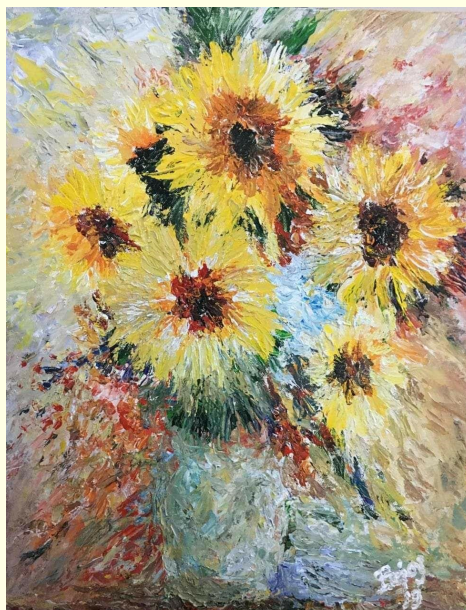
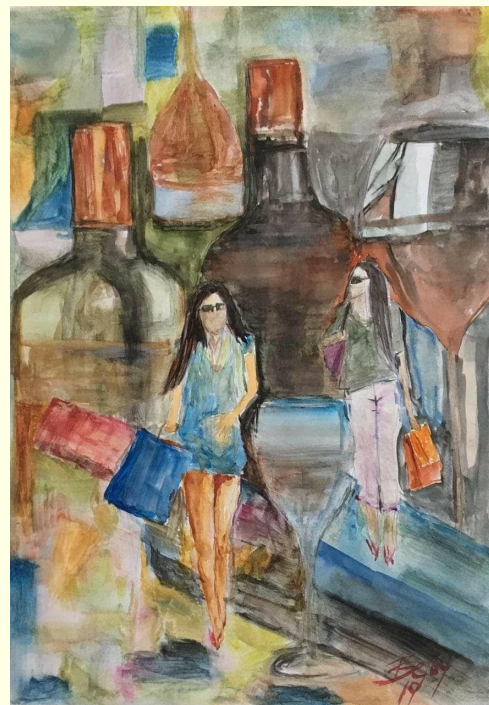
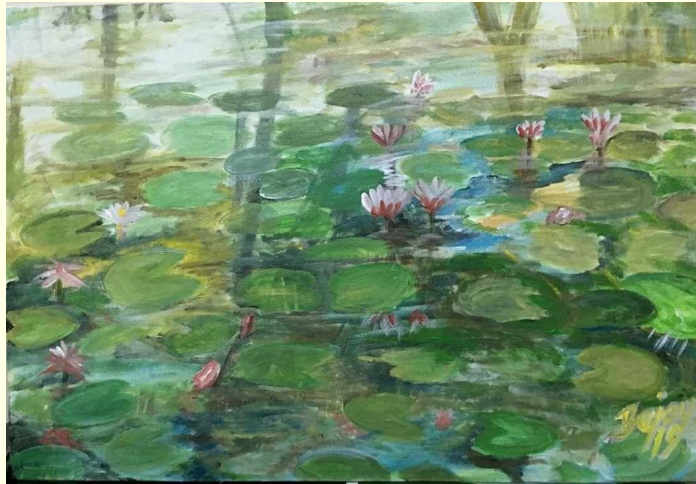
Dr Bejoy Thomas
MBBS, MD, DNB, PDCC.
Professor of Neuroradiology
SCTIMST

Dr. Bejoy Thomas, MD, DNB, PDCC is also a fellow Radiologist and currently a Professor of Neuroradiology at the Sree Chitra Tirunal Institute for Medical Sciences and Technology (SCTIMST), Trivandrum, Kerala, India. He has also done fellowship in Advanced Neuroimaging from the Katholieke Universiteit, Leuven in Belgium and a Clinical fellowship in Paediatric Neuroimaging from the Hospital for Sick Children (Sick kids), University of Toronto, Canada. In 2017, he was going through some tough times personally, he started painting in order to pull himself together. Soon developed a passion for the same and now a days, he paints at least one painting per week. Here is some of his work. I am sure you will love it.





Dr Bejoy Thomas
MBBS, MD, DNB, PDCC.
Professor of Neuroradiology
SCTIMST





Dr Anshika Gulati
MBBS, MD
RML Hospital & PGIMER

Dr. Anshika Gulati is also a fellow Radiologist, presently working as senior resident in Dr. RML hospital and PGIMER, New Delhi. She has done her MBBS and MD from Maulana Azad Medical College, Delhi and Lady Hardinge Medical College, Delhi respectively. Apart from Radiology, she has a keen interest in Art and Craft. Here is some of her work. I am sure it will enthrall you.



Lord Ganesha with paper quilling



When you can't go outside, Go inside



Island with 3D origami



Pot painting

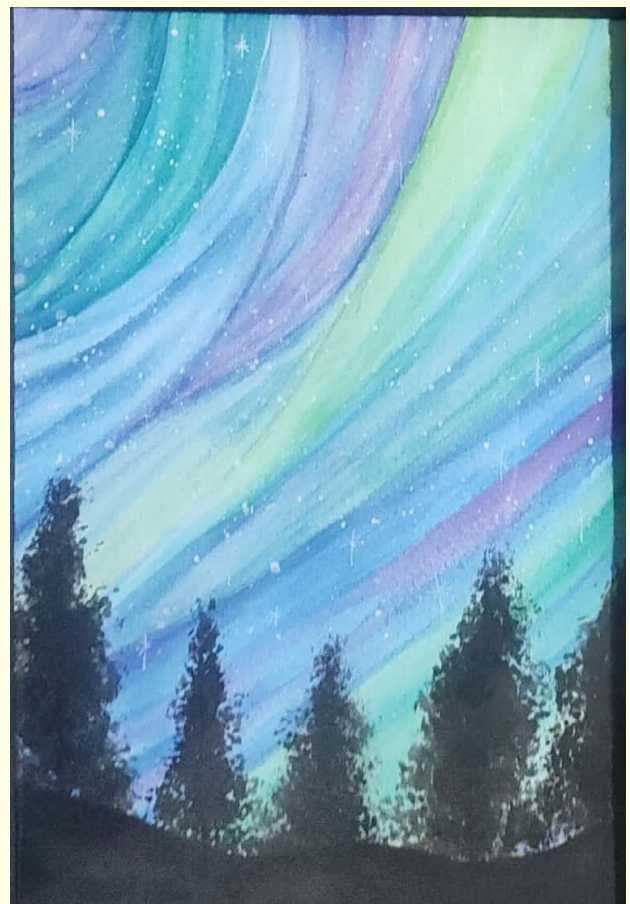


Dr Anshika Gulati
MBBS, MD
RML Hospital & PGIMER

Calm outside, chaos inside



Madhubani painting



Aurora



Dr Madhuri Salwe,
MBBS, DMRE.
Consultant Radiologist
Chinchwad, Pune
Maharashtra

Dr. Madhuri Salwe is also a fellow Radiologist. She started some pencil work in her childhood. There were many long gaps and then she drew some sketches while studying MBBS.

Her main journey of painting and sketches started when she completed her degree and joined a hospital, so whenever she used to get some time, she used to sketch some designs and then the rhythm started.

Whatever she learnt till date is from self experience, learnt from mistakes and she keeps on upgrading herself from pencil to acrylic on canvas to water color and white pencil on black and this the result of her journey. I am sure you will like it.





Dr. Kanchan Pathak
MBBS, DGO, MS
Consultant ENT Surgeon,
Nayagram Multispecialty Hospital
Govt. of West Bengal,
West Bengal, India.

Dr. Kanchan Pathak is an Otorhinolaryngologist by profession and ex-student of R. G. Kar Medical College, Kolkata. He is also one of my classmates and one of my oldest friends from the class. He is a self taught painter and painting is his passion . In last 3 issues we had seen his few of water and oil colour paintings. In this issue we will see some of his charcoal sketches.



Poignant



Thoughtful



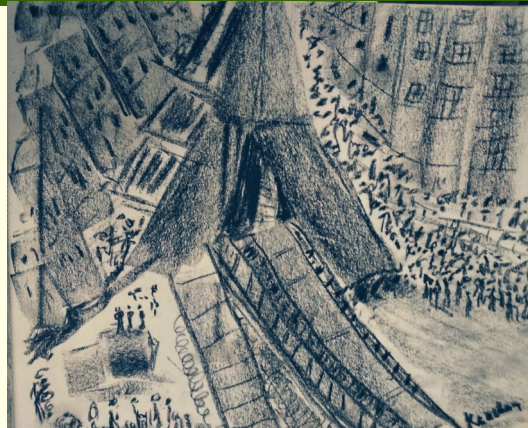
Love



Priyatama



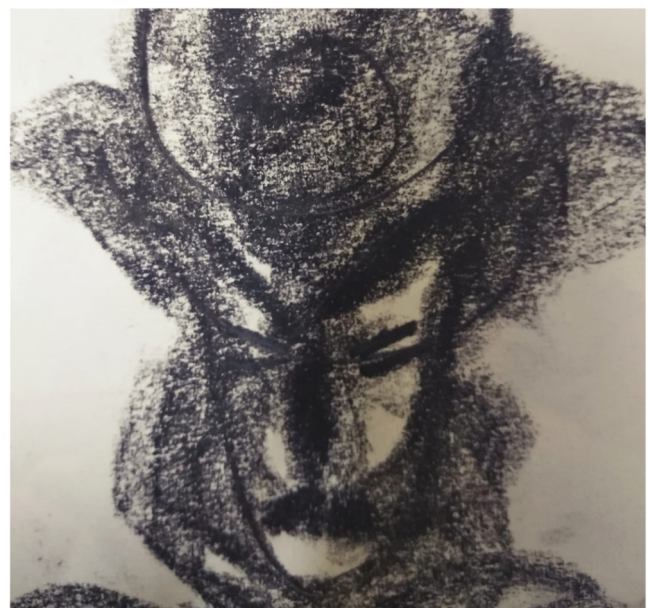
Dr. Kanchan Pathak
MBBS, DGO, MS
Consultant ENT Surgeon,
Nayagram Multispecialty Hospital
Govt. of West Bengal,
West Bengal, India.



**Vivekananda
Flyover col-
lapse, Kolkata.
31 March,
2016**



Expectation of a tree



Magician



Conception of God



Lass



Dr. Satyam Kumar Maiti
MBBS, DO, MS
Consultant Ophthalmologist
Aaloey - Phera,
Contai, Purba Mednipur,
West Bengal, India.

Dr. Satyam Kumar Maiti is an Ophthalmologist by profession and ex-student of R. G. Kar Medical College, Kolkata. He is an avid photographer and bird watcher. He roams around the world with his camera. He is one of my classmates and a dear friend. We call him modern day Salim Ali {famous Ornithologist}.

Painting & music were his dream. He learnt classical music from a Ustad who was a teacher of his mom. He graduated in music & progressed to the mark of sangeet prabhakar.

He is a self taught painter. He revived his painting after a gap of almost 4 decades. So he thinks himself a novice as far his painting is concerned. He finds peace in playing with colours. Here is his art.



Building on right is college building of R G Kar Medical College, where we studied. The building does not exist anymore but fond memories of thousands of students associated with this building are still etched in their heart and mind.

Building on right is our college canteen which still exists. This is the place where we had our best of times, where we had our heartiest laughter.



This is Shyambazar 5 point crossing, which is 400-500 meters from our college. This place was chaotic in those days also but none of us realised that we will miss this chaos in our later life.

On our night duty, most of us would go to this place around 3-4 am to have some tea and toasts. Those tea and toast vendors were our stress and hunger busters and were open all night.



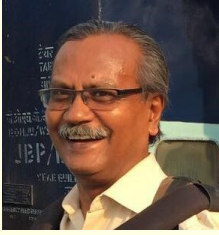
Dr. Satyam Kumar Maiti
MBBS, DO, MS
Consultant Ophthalmologist
Aaloe - Phera,
Contai, Purba Mednipur,
West Bengal, India.



Lover's lane



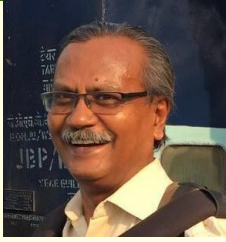
Nature Trail



Dr. Malay Nandy, MD
Director Medical Oncology,
Jaypee Hospital, Noida, UP.

Dr. Malay Nandy is an Oncologist by profession. He is Director of Medical Oncology, Jaypee Hospital, Noida. He loves to travel. Wild life and nature photography are his passion Here is some of his work from jungles of Africa. I am sure it will dazzle you.





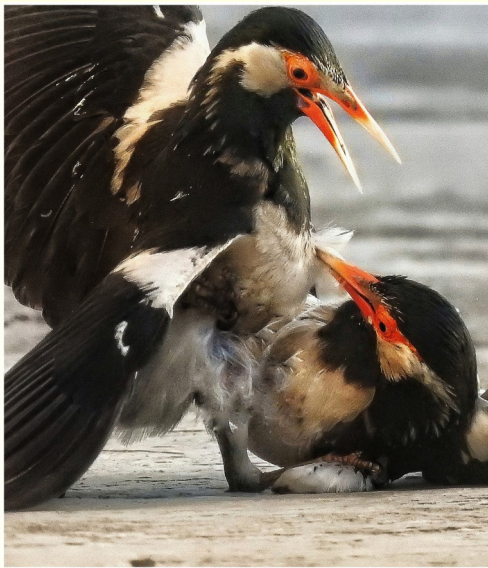
Dr. Malay Nandy, MD
Director Medical Oncology,
Jaypee Hospital, Noida, UP.





Dr. Shekhar Sharma
MBBS, DMRD
Radiologist,
Ranchi Jharkhand.

Dr. Shekhar Sharma is also a fellow Radiologist working as consultant Radiologist in Sankalp Diagnostic at Raj hospital, Ranchi since last 15 years. He has his own private Ultrasonography centre also since last 10 years. He has done MBBS from MGM medical college, Jamshedpur (2001) & Post graduation from RIMS Ranchi (2005). He developed this hobby of bird photography five years back & he thoroughly enjoys this and feels close to nature. He especially loves photographing bird in flight. Here are few of his photographs. I am sure you will like it.



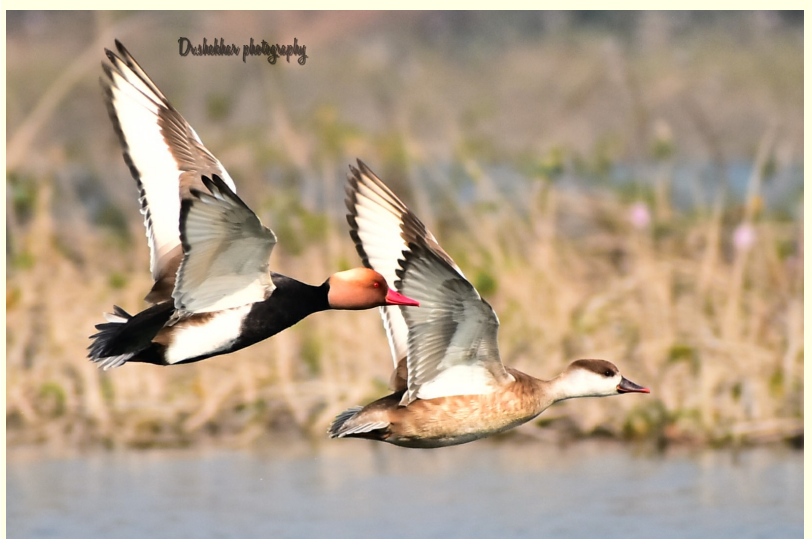
Common Myna in territorial fight



Northern shoveler male and female in flight



Barn Swallow in flight



Red-crested pochard - male and female in flight



Dr. Shekhar Sharma
MBBS, DMRD
Radiologist,
Ranchi Jharkhand.



**Great Cormorant car-
rying nesting material**



**Black head Ibis and Brahmyini kite
Kleptoparasitism**



Group of Gadwall ducks in flight



Indian snake bird - Darter

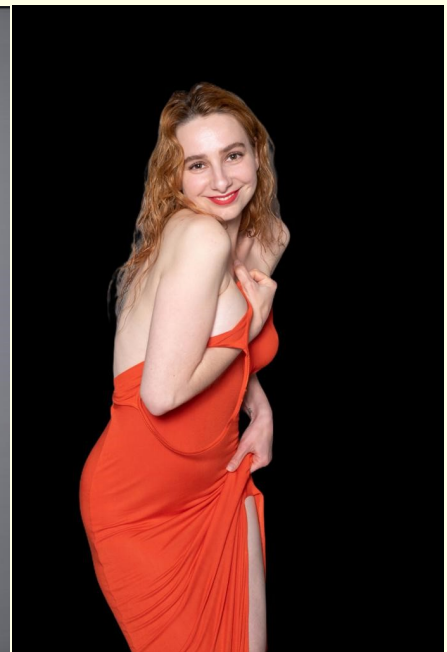


Pale billed flowerpecker - One of the smallest birds



Mr. Sushanta Bhadra,
MBBS, MD, DTMH, DNB,
FRCOG, FRCGP, LLB.
Clinical Director,
North Bexley PCN

Mr. Sushanta Bhadra is also my classmate and a very dear friend from R. G. Kar Medical College. He is probably the most qualified amongst 150 classmates of our Medicos-80 batch. He now stays in Bexley, Kent, UK. In spite of a very busy schedule, he still manages to pursue his passion for glamour photography. Some of his work is here and I am sure it will enthrall you.



I was lucky enough to visit the Kumbh Mela in February, 2019. The Mela at Prayagraj was followed by a trip to Varanasi and Sarnath. The whole experience was amazing. As said in the Gospel of Sri Ramakrishna - "Many people think they cannot have knowledge or understanding of God without reading books. But hearing is better than reading, and seeing is better than hearing. Hearing about Benares is different from reading about it; but seeing Benares is different from either hearing or reading". How true it is! The whole experience was divine and destiny willing, I would love to visit Varanasi again and again. Here are some glimpses of Kumbh and Varanasi. I hope you like it.

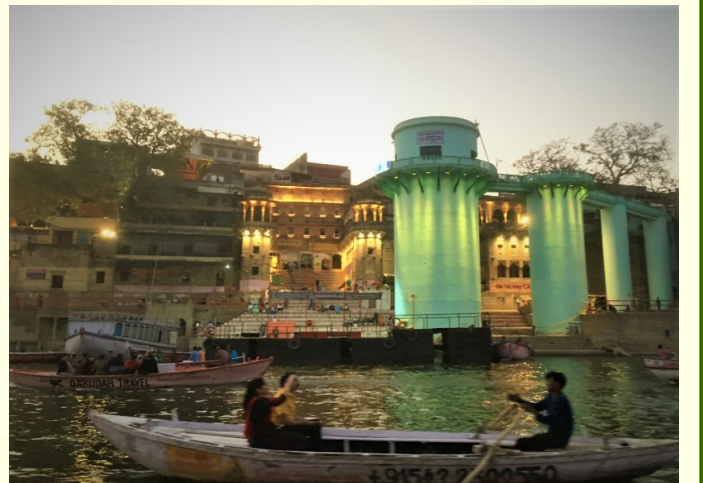


1 & 2 : Ride on holy river Ganga, 3: Ghat of Prayagraj. 4: Panoramic view of Kumbh Mela. 5. Panorama of Kumbh by night.





1. Allahabad Fort
2. Kumbh Mela.
3. 3 to 6 Ghats of Varanasi



Sarnath



Dr. Anup Sadhu, MD
Consultant Radiologist

Dr. Anup Sadhu is not only a fellow Radiologist but also a very close friend. He is a co-founder of Calcutta Academy of Radiology along with Dr. Bijon Kundu and yours truly. He is our guiding force and a Consultant Radiologist in Eko X-ray and Imaging Institute located at Medical College, Kolkata.

He was an ex-student of Calcutta Medical College, which was established by Lord William Bentick in the year 1835. It was then known as Medical College, Bengal. In this issue he has come up with some interesting extra-curricular achievements of few doctors from Calcutta Medical College.

The other edge of the Scalpel

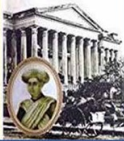
Medical College Bengal/Kolkata (MCB/MCK) was established on 28th January 1835. She has produced many a gem spread over globally. They are renowned in their own fields but excelled in other fields, too. Here is a part of compilation who had enriched our literature in various form.

They are perfectionist

They have excelled in the profession

They made a mark in the field of literature

The story continues.....

2020

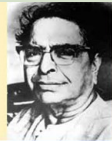
PUNDIT MADHUSUDAN GUPTA

THE FIRST INDIAN TO DISSECT HUMAN CA-DAVER (10 JAN 1836) AND AUTHOR OF A NUMBER OF BOOKS IN REGIONAL LANGUAGE

HIS BOOKS ,DURING THOSE DAYS NO DOUBT HAVE ENRICHED THE LITERATURE

- >CHIKITSA SANGRAHA
- >ANATOMY ART THAT SARIR VIDYA IN BENGALI
- >TRANSLATED LONDON PHARMACOPIA IN BENGALI



2019

PATHOLOGIST WITH A MIGHTY PEN

IN THE EARLY DECADES OF THE TWENTIETH CENTURY, BIHAR HAD NO MEDICAL COLLEGE. AGAINST A FINANCIAL PREMIUM PAID BY THE BIHAR GOVERNMENT TO THE BENGAL GOVERNMENT, STUDENTS OF THAT STATE RECEIVED MEDICAL EDUCATION IN KOLKATA. AS A NOMINATED CANDIDATE FROM BIHAR, BALAI CHAND MUKHERJEE WAS ADMITTED TO THIS COLLEGE IN JUNE, 1920. THOUGH A PATHOLOGIST BY PROFESSION, HE IS FAMOUS AS BANAPHULIN THE FIELD OF LITERATURE- THE CREATOR OF VOLUMES OF LITERARY MASTERPIECES.

Just before his final M.B. Examination, the Patna Medical College was formally founded. So, Banaphul had to sever Connections with this college, got transferred, and concluded the Medical course from Patna.





2019

DR SUBODH DUTTA WAS BORN ON THE 21ST AUGUST 1890 & PASSED AWAY ON 19TH NOV 1987. HE WAS PROF DIRECTOR OF SURGERY, MCH FROM 1952 -58.

HIS BOOK *calling of the surgeons* IS AN INDEPTH STORY ON HISTORY OF MEDICINE REMEMBERING CHARAK, SHUSRUT & WESTERN PIONEERS. HE WROTE ANOTHER BOOK *THE STORY OF GALL*

HIS DICTUM WAS THAT A SURGEON MUST HAVE LION'S HEART AND LADIES FINGER AND SHOULD KNOW WHEN NOT TO OPERATE HE WAS A MAN WITH SUPREME PERSONALITY & NEVER BENT DOWN ON PRESSURES. HE WAS RECIPIENT OF PRESIDENT'S AWARD AT HIS 90TH YEARS THE BOOKS ARE OUT OF PRINT.

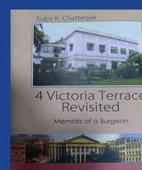
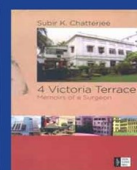
(TRYING FOR REPRINT FROM THE PUBLISHER)



2019

PROF SUBIR CHATTERJEE IS FOUNDER PROFESSOR OF PAEDIATRIC SURGERY, DEPT AT NRSMCH AND A PIONEER SURGEON OF ANORCTAL MALFORMATION HE WAS ASSOCIATED WITH R. K. M. SEVAPRTHISTHAN AT THE AGE 95 HE IS REGULAR IN PARK CLINIC FOR MORNING ROUND. HIS SONS NAMELY

HIS FATHER DR SUSHIL CHATTERJEE, TOO, GRADUATED FROM THIS COLLEGE IN 1919. HE IS RECIPIENT OF B C ROY AWARD FROM THE PRESIDENT OF INDIA



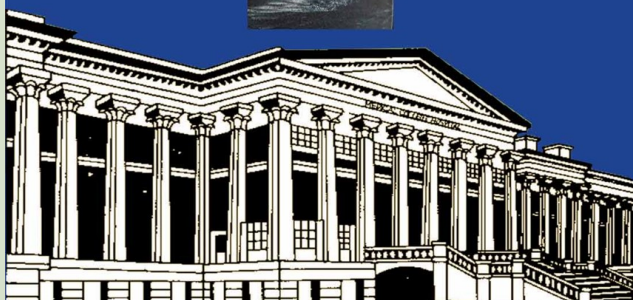
2019

PROF R N ROY, ONE OF THE PIONEER NEUROSURGEONS OF THE LAND PLAYED A PIVOTAL ROLE IN SHAPING BANGUR INST OF NEUROLOGY. HE ALSO TOOK A LEAD ROLE TO ESTABLISH NEUROSURGERY DEPT AT AIIMS, PGIMER, CHANDIGARH.

HE RETIRED AS DIRECTOR OF SSKM/BIN HOSPITAL.

AT THE AGE OF 91, HE STILL IS ACTIVE & AVAILABLE AT PARK CLINIC ONCE A WEEK.

THE BOOK IS HIS MEMOIR



2019

DR B N GUHARROY WAS A RENOWNED CARDIO-THORACIC SURGEON- THE PRESENT UNIT OF CTVS TOOK ITS SHAPE DUE TO HIS UNTIRING EFFORT. THE CARDIO-THORACIC SURGERY DEPT OF MEDICAL COLLEGE IS FIRST SUCH UNIT TO UNDERTAKE CARDIAC TRANSPLANT IN THE GOVT RUN INSTITUTES

HE WAS A MAN WITH POETIC AROMA. WHILE OFF DUTY-- WENT DOOR TO DOOR TO BRING OUT UNKNOWN FACETS OF JIBANANADA, THE FAMOUS BENGALI POET HE DIED 3 YRS BACK





2019

DR SANKAR NATH ,A FAMED ONCOLOGIST & SOCIAL WORKER KNOWS HISTORY OF EVERY BRICK OF MEDICAL COLLEGE .HE HAD THE CREDIT OF RESTORATION PDT MADHUSUDAN GUPTA,THE FIRST INDIAN TO DISSECT HUMAN CADAVER

HE DREAMS , EATS. SLEEPS HISTORY AND HISTORY .

HE IS AN ASTRONOMER,PHOTOGRAPHER, PAINTER AND A LOT MORE

RECIPIENT OF RABINDRA SAHITYA PUROSHKAR IN LITERATURE



2019

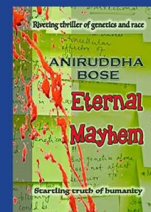
LIFE IS A VOYAGE FLAUNTING ITS COLOURS IN A MULTITUDE CAVALCADE OF VEILED FAÇADES. IN THE YEAR 2006, ANIRUDDHA BOSE SUSTAINED A FRACTURE OF TIBIA, WHICH CONFINED HIM IN A WHEEL CHAIR FOR 6 MONTHS. CONTINUING HIS HECTIC ONCOLOGY PRACTICE, EVEN IN WHEEL CHAIR, HIS SOCIAL LIFE CAME TO A HALT, AS HE WAS QUARANTINED FROM HIS OTHER VIBRANT ACTIVITIES. GRADUATE OF 1980 HE PENNED HIS DEBUT BENGALI NOVEL ANWESHAN IN 2006.

BENGALI NOVELS

1. ANWESHAN
2. NISHABDE
3. DEKHA
4. CHAKRA
5. TOMAKE
6. CANVASE
7. SFULINGA
8. ALO ANDHAR

ENGLISH NOVELS

1. THE VISION
2. PURSUIT
3. FULCRUM
4. QUEST
5. THE MOMENT
6. CANVAS
7. ETERNAL MAYHEM
8. CONUNDRUM

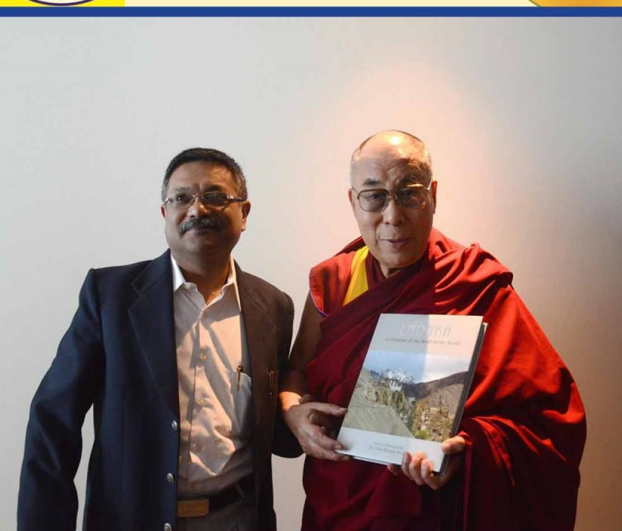


2019

DR TILAK RANJAN BERA GRADUATED OF 1981-- WAS ORGANISING SECRETARY OF AESCULAPIA (ALL INDIA INTER COLLEGE FESTIVAL) OF MCB. HE WAS A GOOD BATTER OF COLLEGE TEAM & ONE OF THE FINEST WILD LIFE PHOTOGRAPHER OF HIS TIME -- JOINED AFMS AND DID MS IN OPHTHAMOLOGY -- WHILE IN AFMS HE TOOK PART IN SEVERAL EXPLORATIONS IN REMOTE AREAS & AMONGST ABORIGINAL TRIBES IN INDIA A FULBRIGHT SCHOLAR AND WAS AFFILIATED TO YALE UNIV. HE HAS AUTHORED 14 BOOKS SO FAR.HE HAS NOW DEDICATED HIS LIFE IN CONDUCTING RESEARCH REGARDING PRERECORDED PERIOD OF INDIA & ESTABLISH IT THROUGH GENETIC & SCIENTIFIC EVIDENCES.HE WAS FELICITATED DURING ANNUAL CONF OF OPH SOC OF INDIA HELD IN KOLKATA 2016 & BY ASIATIC SOCIETY. KOLKATA

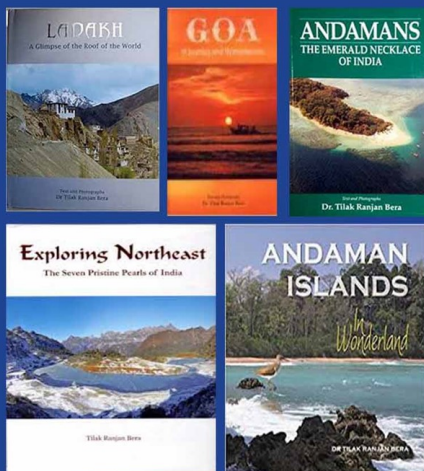


2020





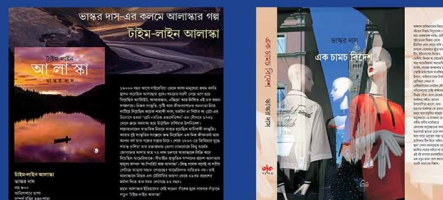
2019



2019



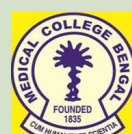
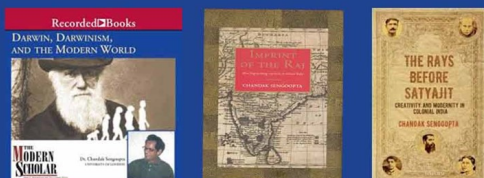
DR BHASKAR DAS AN ORTHOPEDIC SURGEON ALSO LIKES TO EXPRESS HIMSELF AS A PHOTOGRAPHER, TRAVELLER AND TRAVEL WRITER. GRADUATE OF JUNE 82, ENGAGED IN PRIVATE PRACTICE WITH EXCELLENCE IN SURGICAL HANDICRAFTS.



2019



DR CHANDAK SENGUPTA, MD (PSYCH). PH.D IS CURRENTLY PROF OF HISTORY OF MEDICINE AT BIRBEK COLLEGE, LONDON. HE IS ADMIRER OF RAY FAMILY --SPECIALY SATYAJIT RAY. AND HIS GRANDFATHER UPENDRANATH. HE IS A VISITING PROF AT PRSIDENCY UNIV (DEPT OF HISTORY) .. FROM HIS STUDENT DAYS HE WAS A REGULAR COLUMNIST IN THE STATESMAN AND JS. HIS BOOKS ARE MUCH SOUGHT AFTER AMONG THE INTELLECTS. HE IS A GRADUATE OF 1982

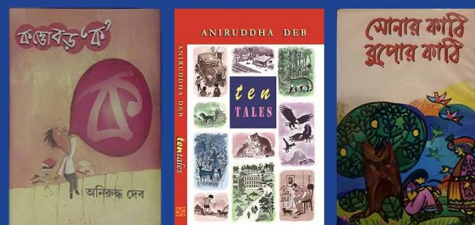


2019



DR ANIRUDDHA DEB, A PSYCHIATRIST OF REPUTE GRADUATED IN 1984. HE HAD PUBLISHED 9 BOOKS SO FAR FOR THE CHILDREN AND 3 FREE E-BOOKS. THE BOOKS ARE ENJOYABLE AND HAVE DIFFERENT FLAVOUR.

THE ILLUSTRATIONS IN ONE OF HIS BOOKS (*PULUR DIDIMA*) ARE DONE BY DR SANJOY BANERJEE; OF HIS BATCH.



Hobbies



Dr. Bijon Kundu,
MBBS, DMRD
Consultant Radiologist
Eko-Xray and Imaging
Institute

Dr. Bijon Kundu is not only a fellow Radiologist but also a batch mate and very close friend. He is a co-founder of Calcutta Academy of Radiology along with Dr. Anup Sadhu and yours truly. He has a very aberrant hobby of collecting toys of Soldiers ranging from World War II to present day armed forces of the world. He also collects toys of models of cars, ranging from Ambassador to Hummer. He has continued with his childhood hobby. In other words, he has not allowed the child in him to wither. In this issue, we will see some more of his collections of armed forces.



German Panzer Tank -
World War II



British Spitfire Plane—
World War II

Hobbies



Dr. Bijon Kundu,
MBBS, DMRD
Consultant Radiologist
Eko-Xray and Imaging
Institute



From left to right :
Ming dynasty soldier
Swiss Guard Vatican
Burmese soldier
Spanish Soldier



Ottoman King & soldiers
who fought the Crusaders



Crusaders with king
Richard of England.



Dr Debjani Gupta
DCH MRCP (UK)
Consultant paediatrician and
neonatologist
Narayana Multispeciality Hosp
Howrah
Zenith Superspeciality Hosp
Kolkata.

Dr. Debjani Gupta is a pediatrician by profession. She is also an ex-student of R. G. Kar Medical College, Kolkata. She is now a Consultant at Narayana Multispecialty Hospital. In the last two issues, we had read her poem and seen some of her sketches. In this issue she takes over mantle of Calcutta Canvas from me. She has covered mysticism of North Kolkata and surroundings in this issue and that will surely mesmerize you.

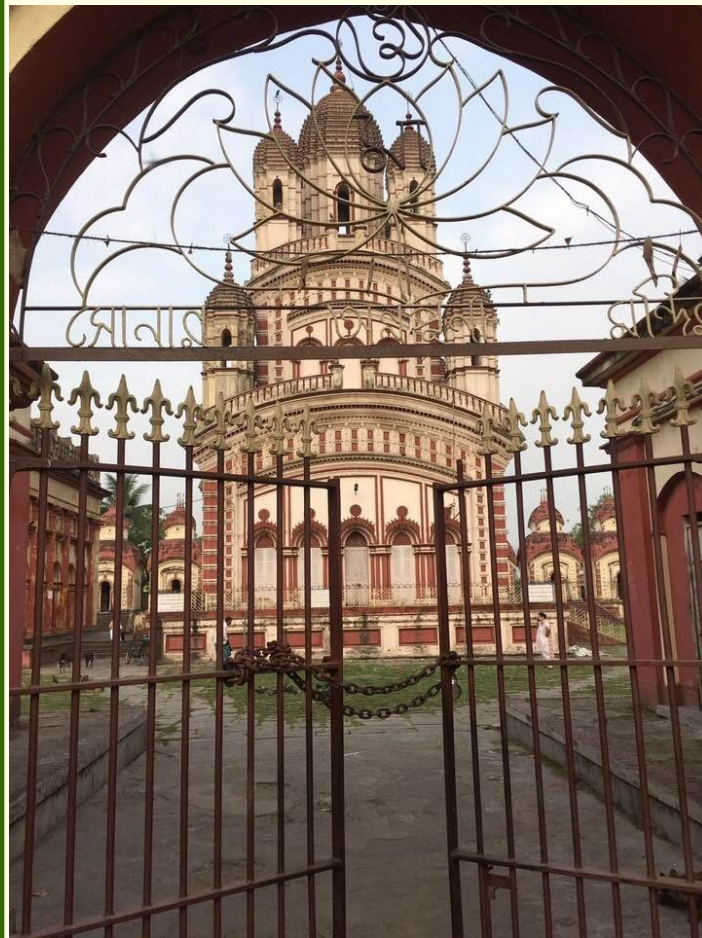
Calcutta Canvas



The House of Girish C Ghosh

A quaint house encircled by the bifurcating road,
Home to a versatile genius (1844-1912)....
A luminary in the firmament of Bengali theatre.
A noted playwright, novelist, actor...
Reputed to have written a play and collection of songs overnight.
Plays inspired from the great epics and the Puranas
Credited to have translated Shakespeare's Macbeth as well.
A mentor to theatre personalities,
Who staged many a play at the Star Theatre.
The father of Bengali theatre....a noted disciple of Sri Ramakrishna Paramhansa....a friend of Swami Vivekananda...

Calcutta Canvas



SRI SHIVASHAKTI AN- NAPURNA

TEMPLE—Khardah

A majestic temple on the east bank of the Hooghly River at Rani Rashmoni Ghat Barrackpore. Built by Jagadamba Devi, the youngest daughter of Rani Rashmoni and wife of Mathuramohan Biswas, inaugurated and opened to the devotees in April 1875 by Sri Sri Ramkrishna Paramahansa Dev. A replica of the Dakhineswar temple area wise though smaller but it is taller than the Dakhineswar mandir. A lion gate guards the entrance and takes you into a grassy complex that also houses six Shivji temples to the west and the Natmandir. A short walk through the backgate leads to the ghat and the river.



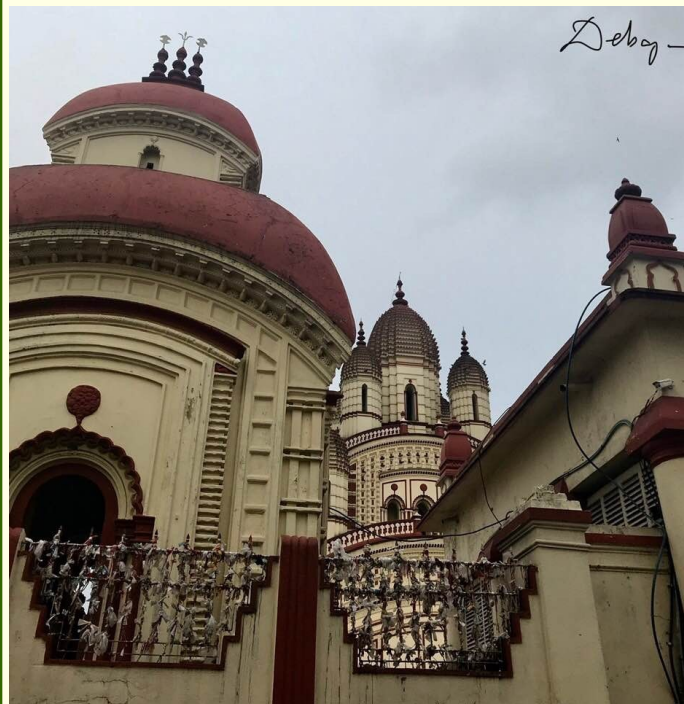
PARESHNATH JAIN TEMPLE

A magnificent jewel in the heart of north Kolkata, Peaceful and serene, a revered holy shrine. Dating back to 1867 but shines so new. Built by Rai Badridas a temple complex with 4 temples within and majestic arched gateways leading thru... Gardens with fountains, glass mosaic and statues. Temples of Shitalnathji (10th Tirthankara) Chandraprabhuji, Mahavir Swami temple and Dadawadi.

A lamp in the inner sanctum glowing bright since inception... All speak a tale of Faith Constancy and Inclusiveness.

Windows of stained glass and mirror inlaid pillars, Sparkling chandeliers that cast a warm glow. Glorious nature that provides a perfect backdrop

Calcutta Canvas

**DAKHINESHWAR-with
peace and gratitude**

The realisation of a dream of a philanthropist and devotee....
I see the strength of her conviction and abiding faith.
And marvel at the preserved heritage and magnificent architecture,
Traditional Navaratna style, Aathchala Shiva temple, Natmandir and Nahabats.
To walk on the land blessed by the power of belief and faith,
That embraces all humanity in a harmonious whole.

**26 Shiv Mandir - Khardah**

26 Dochala Shiva Temples standing since the early 19th century,
Some along the rectangle some facing the river.
Stucco work and cut brick terracotta work on the front facade,
Ornamental door frames apparently from the Gaur ruins.
A walk amidst this splendid heritage ,
To reach out to the past to enrich the present.

Calcutta Canvas



MAYER BARI

I am the mother of the wicked, as I am the mother of the virtuous. Never fear. Whenever you are in distress, say to yourself, 'I have a mother.'

The Holy Mother Sri Saradamani Devi wife of Sri Ramakrishna Paramhansa

MAYER BARI-
The Mother's House



The Denmark Tavern, Serampore -
A riverside heritage

The Denmark Tavern and Hotel was opened in this building, located at Serampore's elegant promenade along the Hooghly river...in 1786.

Serampore was administered by Denmark under the name of Frederiksnagore till 1845, when Denmark sold its Indian possessions to Britain.

Conservation and restoration of this building which lay in ruins began in 2015 and it was inaugurated in 2018.

A heritage 233 yrs of age.

Calcutta Canvas



BASUBATI

The magnificent mansion of Nandalal Bose, Nilmoni Mitra's magnum opus.

Down a narrow byelane off Bagbazaar street, Doric columns with a crown of lotus petals, Lion heads each connected by a double row of beads. Painted panes which hint at the the rich art works it once housed, With the famed Thakurdalan and courtyard within .What a glorious past in the Swadeshi Movement the columns have seen.

Wajid Ali Shah...Swami Vivekananda....Ramkrishna Paramahansa...SN Banerji.....CR Das...Gurudev....All have walked the hallowed portals.

The Silence is forlorn, The peeling walls seem to want to recount Their tales of glory and grandeur down the century .



BELLS OF CHITRESHWARI TEMPLE

Musical spectators for more than 400 years , Now face a near empty courtyard though looked after. One of the oldest Durga temple of this sprawling city, Lending it's name to the land (chitpore) around. Fearsome tales of human sacrifice in the very distant past, Seem unbelievable in this quiet secluded sunny courtyard. The cool touch of the bells feels like a connect to the past. The melodious chime of the bells sings like a hymn for the future.



**The morning ride.
A4 watercolour on
Arches 300gsm**

**Painting by Dr. San-
jeev Kumar Hand-
ique, who himself is
a great cycling en-
thusiast.**

To Sir.....

with love



**Prof. Ramendra Nath Kundu
1929-2020**

On 30th. Of June, 2020; we lost our beloved teacher **Prof. Ramendra Nath Kundu**, one of the senior most Radiologists of the country, Sir was born in Rangoon in the year 1929. He was an eminent Radiologist and teacher. He had graduated from Medical College, Kolkata in 1955. He joined Radiology department of Hull Royal Infirmary in 1956. He did his Diploma from the Conjoint Board (England) in 1959. He was a Registrar in Royal Victoria Infirmary, the teaching Hospital for Newcastle Medical School from 1960-62. He became Professor in Medical College, Kolkata in the year 1975. He was also an Honorary fellow State Medical Faculty. He was also a member of Teaching faculty and DNB Thesis at EKO X-Ray & imaging institute.

Not only Sir was a good Radiologist but was also a human being par excellence.

We dedicate this issue of Reflection to our beloved Sir.

Next issue in August 2020

We will be bringing out such Newsletters with a frequency of one issue every month. So, next issue will be published in August, 2020.

I am hereby inviting all the professionals who indulge in extra-curricular activities to share her/his work with me and if it is of good quality, we will surely publish it.

So, I request all of you to contribute to this Newsletter. Please send your material in Word format with good quality images. Please send your photograph and details of your place of work with email address also.

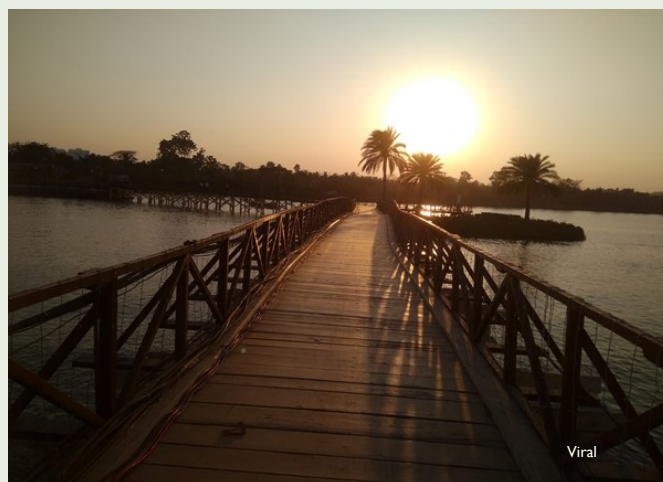
Your material should reach us by 15th. Of July, 2020. You can send the word file to my email:

viralparekh@outlook.com.

So friends, take care and be safe. This corona pandemic is still wreaking a havoc so be safe and take utmost care.

Just remember one age old Hindi-Urdu saying- Jaan hai to jahan hai.

So long. Viral Parekh



Conceptualised, edited and prepared by
Dr. Viral Parekh, MBBS, DMRD, DNB
Radiologist.

Reflections